

South East Region.

Aims and Rules for the Go-Ride Interclub competition (this is not go-race).

Aim: to provide a year long series of races, of about 10 in total, reflecting the range of cycling disciplines for which British Cycling is the National Governing Body.

This series runs from the 1st of September to the end of August the following year and means the cyclo-cross season is not chopped in half.

How does it work for the riders:

- To take part a rider must be a current member of a go-ride club within the South East Region of British Cycling. The go-ride club must be the 1st named club on their license.
- An event may be run separately or within an existing event.
- Riders will accumulate 1 point for each event in the series they complete.
- Riders will also receive an additional 5 points for 1st place in an event down to 1 point for 5th place.
- The best six results for a rider will be taken to decide the overall series winner in their age group and sex as well as 2nd and 3rd places.
- The age of a rider that will be used for their series total will be their age as of the 1st of January. So the riders points gained during cross vents may have to be transferred across to another age group as of the January. Would club go-ride contacts please keep an eye on this and let the series coordinator know of any mistakes
- The above system will also be used to decide the club trophy.
- Gold, Silver and Bronze medals will be awarded on the day to the 1st, 2nd and 3rd placed boys and girls in each age group I.E. under 10's, under 12's, under 14's and under 16's.
- Medals will be supplied by the region and usually be brought to site and be presented by the series coordinator.
- At some date after completion of the series there will be presentation for 1st to 3rd placed riders in each age category and sex with the winner in each of the foregoing receiving a short sleeved go-ride interclub age group champion racing jersey.

What the promoting clubs needs to do:

- As soon as practical inform the series coordinator of the type of event you wish to run and the month. Details to follow, but at least a month in advance of the event so the series spread sheet can be updated in good time and sent out.
- Produce a flier for inclusion on the Regions website and for emailing to participating clubs via the series co-ordinator. Flyers to be ready a month in advance.
- Produce a race report for inclusion on the regions website.
- On the day Make a point of highlighting the event prior to briefing the riders and again at the prize presentation.
- Keep a check on their riders results to aid the coordinator in presenting correct event and series results.
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What the promoting club gets from the Region:

Currently the Region chooses to support each promoting club in the sum of £40 which can be claimed from the Regions Finance Officer.

Eddie Land.

Series coordinator for the Region

Email: land6@tiscali.co.uk

Tel: 020 8300 6226

Mob: 07763 550 431